### COST

#### WHAT WILL I PAY OUT-OF-POCKET?

Many medicines for ADHD work equally well. They may differ a lot in the outof-pocket cost to you based on your insurance plan. Cost is often good to think about when picking a medicine.

If the out-of-pocket cost of medicine is important to you, please fill in this table.

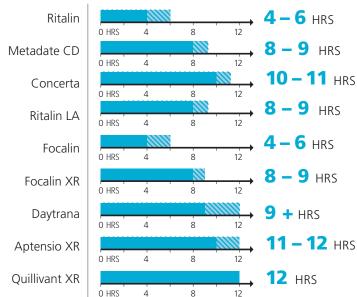
You can find out your costs by talking to your insurance company. You can call the phone number or go to the website listed on your insurance card.

Medication Type C	ost		
Brand name	30 day supply	90 day supply	Generic Available
METHYLPHENIDATES			
Ritalin			Methylin
Metadate CD			Methylin ER
Concerta			Methylphenidate HCL ER Tablets
Ritalin LA			Methylin ER
Focalin			no
Focalin XR			no
Daytrana			no
Aptensio XR	i    -		no
Quillivant XR	 		no
AMPHETAMINE SALT	S		
Dexedrine			Dextroamphetamine
Adderall			Dextroamphetamine- Amphetamine
Dexedrine Spansule			Dextroamphetamine
Adderall XR			Dextroamphetamine- Amphetamine ER
Vyvanse			no
Evekeo	I I		no
ATOMOXETINE			
Strattera			no
GUANFACINE			
Tenex			Guanfacine
Intuniv	! ! !		no

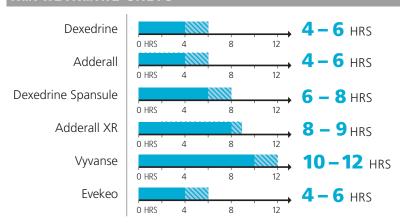
## **DURATION**

#### **HOW LONG WILL MEDICINE LAST?**

# Medication Duration METHYLPHENIDATES



#### AMPHETAMINE SALTS



#### ATOMOXETINE

Strattera

O HRS 4 8 12 16 20 24

after 3 weeks of use, should work 24 hours a day

#### GUANFACINE

Tenex

O HRS 4 8 12 HRS

O HRS 4 8 12 16 20 24 HRS

after 2 weeks of use, should work 24 hours a day

Key:

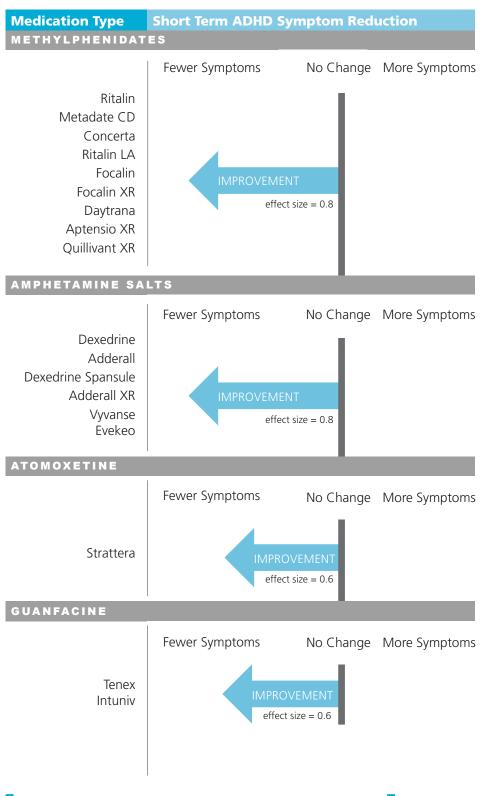




<sup>\*</sup> Based on FDA-approved drug labeling

## **IMPROVEMENT**

**HOW MUCH WILL MEDICINE HELP?** 



**Effect Size:** The amount of improvement in ADHD symptoms from taking medicine. Small effect = 0.2 - 0.4

Medium effect = 0.5 - 0.7 Large effect > 0.8

BY NC SA Updated: 10/15/15

# DAILY ROUTINE

DOES MY CHILD NEED TO SWALLOW A PILL?

an Park	-1 ( )	10/1 - T. I	20 d - 1
Medication  METHYLPHENIDA	Times / day	When Taken	Method
Ritalin	2 – 3 / day	AM 4 hrs 4 hrs	Swallow whole or CRUSH to put in food
Metadate CD	<b>1</b> / day	45 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Concerta	<b>1</b> / day	<b>90 minutes</b> before class or activity	Swallow ONLY
Ritalin LA	<b>1</b> / day	45 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Focalin	<b>2 – 3</b> / day	AM 4 hrs 4 hrs	Swallow whole or CRUSH to put in food
Focalin XR	<b>1</b> / day	45 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Daytrana	<b>1</b> / day	2 hours before class or activity, lasts 3 hours after removal	Patch
Aptensio XR	<b>1</b> / day	45 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Quillivant XR	<b>1</b> / day	45 minutes before class or activity	Swallow liquid
AMPHETAMINE S	ALTS		
Dexedrine	<b>2-3</b> / day	AM 4 hrs 4 hrs	Swallow whole or CRUSH to put in food
Adderall	<b>2-3</b> / day	AM 4 hrs 4 hrs	Swallow whole or CRUSH to put in food
Dexedrine Spansule	<b>1</b> / day	AM 60 minutes be- fore class or activity	Swallow ONLY
Adderall XR	<b>1</b> / day	45 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Vyvanse	<b>1</b> / day	60 minutes before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt, or dissolve in liquid
Evekeo	<b>2-3</b> / day	AM 4 hrs 4 hrs	Swallow whole or CRUSH to put in food
ATOMOXETINE			
Strattera	<b>1</b> / day	AM OR PM *	Swallow
GUANFACINE			
Tenex	<b>2</b> / day	AM AND PM	Swallow whole or CRUSH to put in food
Intuniv	<b>1</b> / day	AM OR PM *	Swallow ONLY
* Take pill in the morning, or	at night if causing drow	siness.	BY NC SA

Updated: 10/15/15

<sup>\*</sup> Take pill in the morning, or at night if causing drowsiness. It takes **2 to 3 weeks** for medicine to reach beneficial level.

# SIDE EFFECTS

WHAT SHOULD I WATCH FOR?

<b>Medication Type</b>	Most Common	Less Common	Least Common			
METHYLPHENIDATES COMMON						
Ritalin Metadate CD Concerta Ritalin LA Focalin Focalin XR Aptensio XR Quillivant XR	Decreased appetite Weight loss Trouble falling asleep Stomach aches Headaches Increased crabbiness Irritability Mood swings Increased anxiety and/or crying Rebound of ADHD symptoms Grumpiness as medication wears off Social withdrawal or overly focused on tasks	Dry mouth     Fatigue     Tics (nervous twitches or vocalizations)	Increased heart rate and/or blood pressure Growth suppression or delay Hallucinations (seeing or hearing something that is not real)			
Daytrana (Methylphenidate patch)	Same as above,  • Also skin irritation or rash at the site of application  • Pain (stinging/burning) when removed	Same as above	Same as above			
AMPHETAMINE SALTS						
Dexedrine Adderall Dexedrine Spansule Adderall XR Vyvanse Evekeo	Same as above	Same as above	Same as above			
ATOMOXETINE						
Strattera	<ul><li>Nausea</li><li>Vomiting</li><li>Fatigue</li><li>Decreased appetite</li><li>Abdominal pain</li><li>Drowsiness</li></ul>	Headaches     Irritability     Weight loss	<ul> <li>Increased heart rate and/or blood pressure,</li> <li>Growth suppression or delay</li> </ul>			

#### GUANFACINE

Tenex Intuniv

- Drowsiness
- Headaches
- Fatigue
- Sedation
- Dizziness
- Irritability
- Stomach aches
- Nausea

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Updated: 10/15/15