



Welcome to our June Newsletter!

BIG NEWS COMING TO STONY BROOK PEDIATRICS!

We are pleased to begin offering the Pfizer Covid-19 vaccine in our offices beginning June 5th. Please call our offices to schedule an appointment.

We strongly suggest and recommend the COVID vaccine if your child is eligible.

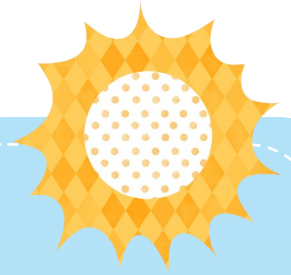
Please continue to wear a mask in the office and maintain social distancing

All about TICKS!

- **What is a tick?** Ticks are part of the arachnid family, which also includes mites, spiders, and scorpions. A tick attaches itself to the skin of an animal or human and sucks blood. There are hundreds of kinds of ticks on the planet, and they can be found almost everywhere. Deer tick's are the most common ticks that carry Lyme disease.
- **Your child has been bit, now what?** The parent or another responsible adult should check you for ticks after you've been playing or hiking in the woods, especially on your head (including your scalp), back, neck, armpits, and groin area. If you find a tick on your child, Using tweezers, grab the tick as close as possible to your skin, and pull the tick off in one motion, gently. Do not tug. Don't cover the tick with petroleum jelly, fingernail polish, or any other substance, since these don't help the tick come out and can make things more complicated.



- **If part of the tick stays in your skin, don't worry — it will eventually come out.**



Are you signed for the Healow app?

If not, now is the time!

- A secure app that helps you manage what's important – the health of you and your family!
- Receive automatic medication reminders based on the schedule you set up
- Send a refill request to your doctor when you are running low
- Healow contains all of your important health information, including labs, imaging studies and procedures, recent vital signs, allergies, medical problems, immunizations and more.
- Let healow send you automated reminders for upcoming appointments and give you a Visit Summary when you're done! You can view past and future appointments using healow and write notes about those issues that you want to discuss with your doctor.
- App is available in the App Store and on google play

Call our office today to become web enabled!

